



## Health Professionals' Services Program

### Program Guidelines

**Title: Assignment of Periodic Monitoring Consultants (PMC)**

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**Revision Date: 5/15/2013**

#### **Guideline:**

- 1           1. Licensees with the diagnosis of substance abuse disorder or licensees with a dual diagnosis are  
2           required to attend a monitoring group for two years or the equivalent of 94 sessions. Once the  
3           licensee has completed group monitoring or is not appropriate for group, the licensee will be  
4           required to meet with a periodic monitoring consultant for the length of the licensee's  
5           enrollment in the program. If the assigned periodic monitoring consultant was the group  
6           consultant, then the licensee can see the PMC on a quarterly basis. If the group monitoring  
7           consultant is unable to act as the PMC, the licensee will be required to meet with the new PMC  
8           monthly for 3 months and then quarterly for the length of the program.
- 9           2. Licensees with a diagnosis of mental health disorder only will not be required to meet with a  
10          PMC unless:
  - 11               i. The OMB directs the Program that a PMC be assigned
  - 12               ii. A third party evaluator recommends that a PMC be assigned.
  - 13               iii. A licensee in the program who shows impairment in functioning is referred to a  
14               third party evaluator for treatment plan recommendations and a PMC is part of  
15               the treatment plan.
  - 16               iv. The licensee has no treatment providers and has a colleague or employee as the  
17               workplace monitor. There is no "neutral" person providing in person  
18               monitoring.
- 19          3. The primary treatment providers for mental health licensees are to be the primary source of  
20          information on the functioning of the licensee. If the treatment provider is unwilling to  
21          cooperate and provide the necessary information to the HPSP agreement monitor, the licensee  
22          may have to change provider (s) with the approval of the Medical Director
- 23          4. Licensees who are part of a telephonic monitoring group need to be assigned a Periodic  
24          Monitoring Consultant.
- 25          5. If a PMC resigns or there is a need to reassign a PMC and this reason is not due to the licensee,  
26          the decision on the frequency that the licensee will initially meet with the PMC will be  
27          determined by the licensee's agreement monitor and the medical director.

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